



April 2026

HIGHLIGHTS FOR APRIL (404)254-2108 | www.fitnesscollectiveatl.com

WELCOME BACK!

We took a week to reset...we're back & clearer than ever. Check out some of our new classes/instructors. We're **ALL IN** Spirit, Soul, & Body.


IRON & ALTAR

Because your body is a temple and temples are built to last. Come ready to lift. Come ready to be move all to worship music w/ scripture intention. **FREE**

WELLNESS & WORSHIP

Join Tiffany + Natasha for prayer, fellowship, nervous system regulation w/ self-massage & purposeful Kingdpreneurs!

THE FITNESS COLLECTIVE
Elevate Your Health-Conscious

SUN	MON	TUES	WED	THURS	FRI	SAT
COLOR CODES	Scan for our app: R04NDQ 		1	2	3	4
<ul style="list-style-type: none"> *In-Studio ONLY *Studio + Virtual *Series/Course *Sub Instructor 			6:00am Sculpt+Flow 11:30am Barre Fitness 5:00pm Power Pilates 6:00pm HotCore **SOCKS RREQUIRED**	*6:00am FIRED UP 12:00pm Kinetiq 5:00pm Mat Pilates (Int) 6:15pm Align + Unwind	6:00am FIRED UP 11:30am Stretch+Flow 12:30pm Gentle Reset	9:30am Power Pilates
5	6	7	8	9	10	11
Check Online Schedule for SEVA Classes (\$5 Community)	6:00am Power Pilates 11:30am Shift Strong 6:00pm Power BarreLates 7:15pm Still & Rooted	6:00am FIRED UP 12:00pm Shift & Burn 6:00pm Mat Pilates (Beg) 7:15pm UNFOLD	6:00am Sculpt+Flow 11:30am BarreLates 5:00pm Power Pilates 6:00pm HotCore **SOCKS RREQUIRED**	*6:00am FIRED UP 12:00pm Kinetiq 5:00pm Mat Pilates (Int) 6:15pm Align + Unwind	6:00am FIRED UP 11:30am Stretch+Flow 12:30pm Still & Rooted	9:30am Power Pilates 11am-1pm IRON & ALTAR Weighted Worship
12	13	14	15	16	17	18
Check Online Schedule for SEVA Classes (\$5 Community)	6:00am Power Pilates 11:30am Shift Strong 6:00pm Power BarreLates 7:15pm Still & Rooted	6:00am FIRED UP 12:00pm Shift & Burn 6:00pm Mat Pilates (Beg) 7:15pm UNFOLD	6:00am Sculpt+Flow 11:30am BarreLates 5:00pm Power Pilates 6:00pm HotCore **SOCKS RREQUIRED**	*6:00am FIRED UP 12:00pm Kinetiq 5:00pm Mat Pilates (Int) 6:15pm Align + Unwind	6:00am FIRED UP 11:30am Stretch+Flow 12:30pm Gentle Reset Wellness & Worship 6:30-9:00pm \$30 future members	9:30am Power Pilates
19	20	21	22	23	24	25
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26	27	28	29	30	WHAT ELSE DO WE DO?	
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