



April 2025

THE FITNESS COLLECTIVE
Elevate Your Health-Conscious

LATIN NIGHTS


Dance fitness with a little Latin twist. Salsa, Bachata, and shimmy w/ CourtneyLov for a night of festive movement

DEEP CERTIFICATION

We're hosting another certification weekend to help teachers learn the regenerative practice of DEEP

MIXXEDFIT POP UP

Join JaimeLee for an evening of super fun, people-inspired dance fitness that incorporates your favorite jams!

SUN	MON	TUES	WED	THURS	FRI	SAT
COLOR CODES	Scan for our app: R04NDQ	1	2	3	4	5
*In-Studio ONLY *Studio + Virtual *Series/Course *Sub Instructor		*6:00am Hot Vibes Yoga 12:00pm Flow & Go 6:00pm Pilates w/ Judi 7:30pm Hot Vinyasa	*6:00am Sculpt+Bands 11:30am Barre Fitness *6:00pm HotCore **SOCKS RREQUIRED** *6:45pm Slow Flow Yoga	*6:00am Hot Vibes Yoga 12:00pm Buti Mvmnt 5:00pm Pilates w/ Judi	11:30am VinYin Lite Latin Nights 7:30pm w/ CourtneyLov	*8:30am BodySculpt Bootcamp 9:30am Power Pilates
		6	7	8	9	10
*10:30am MOMMY & ME FITNESS 4:30pm VinYin Yoga	6:00am Mobility Flow 11:30am MERGE: Sculpt+Stretch *6:00pm BodySculpt Bootcamp *7:15pm R&B Yin Yoga	*6:00am Hot Vibes Yoga 12:00pm Flow & Go 6:00pm Pilates w/ Judi 7:30pm Hot Vinyasa	*6:00am Sculpt+Bands 11:30am Barre Fitness *6:00pm HotCore **SOCKS RREQUIRED** *6:45pm Slow Flow Yoga	*6:00am Hot Vibes Yoga 12:00pm Buti Mvmnt 5:00pm Pilates w/ Judi 6:15pm Vinyasa Flow	11:30am VinYin Lite HEAL'D Femininity 7:30pm SexyLov w/ CourtneyLov	*8:30am DEEP Masterclass w/ Tiffany
13	14	15	16	17	18	19
*8:30am DEEP Masterclass w/ Tiffany 4:30pm VinYin Yoga	6:00am Mobility Flow 11:30am MERGE: Sculpt+Stretch *6:00pm BodySculpt Bootcamp *7:15pm R&B Yin Yoga	*6:00am Hot Vibes Yoga 12:00pm Flow & Go 6:00pm Pilates w/ Judi 7:30pm Hot Vinyasa	*6:00am Sculpt+Bands 11:30am Barre Fitness *6:00pm HotCore **SOCKS RREQUIRED** *6:45pm Slow Flow Yoga	*6:00am Hot Vibes Yoga 12:00pm Buti Mvmnt 5:00pm Pilates w/ Judi 6:15pm Vinyasa Flow	11:30am VinYin Lite HEAL'D Femininity 7:30pm HEELS w/ Breeya	*8:30am BodySculpt Bootcamp 9:30am Power Pilates
20	21	22	23	24	25	26
Check Online Schedule for SEVA Classes (\$5 Community)	6:00am Mobility Flow 11:30am MERGE: Sculpt+Stretch *6:00pm BodySculpt Bootcamp *7:15pm R&B Yin Yoga	*6:00am Hot Vibes Yoga 12:00pm Flow & Go 6:00pm Pilates w/ Judi 7:30pm Hot Vinyasa	*6:00am Sculpt+Bands 11:30am Barre Fitness *6:00pm HotCore **SOCKS RREQUIRED** *6:45pm Slow Flow Yoga	*6:00am Hot Vibes Yoga 12:00pm Buti Mvmnt 5:00pm Pilates w/ Judi 6:30pm MixxedFit PopUp	11:30am VinYin Lite 6-7pm MEMBERS ONLY FinStyle (Finance + Fashion)	*8:30am BodySculpt Bootcamp 9:30am Power Pilates
27	28	29	30	WHAT ELSE DO WE DO?		
	6:00am Mobility Flow 11:30am MERGE: Sculpt+Stretch *6:00pm BodySculpt Bootcamp *7:15pm R&B Yin Yoga	*6:00am Hot Vibes Yoga 12:00pm Flow & Go 6:00pm Pilates w/ Judi 7:30pm Hot Vinyasa	*6:00am Sculpt+Bands 11:30am Barre Fitness *6:00pm HotCore **SOCKS RREQUIRED** *6:45pm Slow Flow Yoga	We offer Thai Stretch Sessions, Massage Therapy, Private Yoga or Yoga Therapy Sessions, Weight-loss/Nutrition Coaching. Also, infrared Sauna, Personal Training & Recovery sessions. Follow us on IG: @fitnesscollective_atl Schedule with our Partnered Professionals today!		